

**Fiona Belfield**  
**Hwyel Dda University Health Board**

Qualifying in 1998 in my native country of Wales, I have worked in the speciality of Day Surgery for 21 years and have been a Senior Sister for 17 of those years, responsible for developing our Day Surgery services within the guidelines and protocols of the British Association of Day Surgery in Withybush Hospital, Pembrokeshire. During this time I also gained my BSc degree in nursing studies in 2004 at Swansea University.

I worked briefly in Cardiff University Hospital in their Ambulatory Care Unit. This gave me valuable experience and provided me with the foundation required for me to develop the day surgery services we have in my unit today.

I have also been involved in developing new nursing documentation specific for day surgery. This is currently being used throughout our Health Board in the day surgery units. I also developed our Nurse Led Discharge protocol, which is fundamental in the success of any day surgery unit.

Recently I developed a Day Case Trauma Pathway along with my Orthopaedic and Pre Assessment colleagues. This has proven to be invaluable and has improved the efficiency of the trauma pathway leading to greater patient satisfaction, less impact on inpatient beds and reducing length of stay.

Since becoming a co-opted member of BADS in 2015 then a full member in 2018 and then becoming part of the conference team I have learnt so much in the field of Day Surgery. I have become more confident through the knowledge I have gained. I have had articles published during my time on BADS Council and feel proud of this achievement.

If re-elected I will continue to work to drive day surgery forward both locally in Wales and nationally. It is so important during these times not to lose focus and strive to promote day surgery as the way forward in delivering and achieving our targets and goals within the healthcare setting. I am proud to be part of BADS and hopefully will continue to represent Wales as a BADS Council member, if re-elected.