

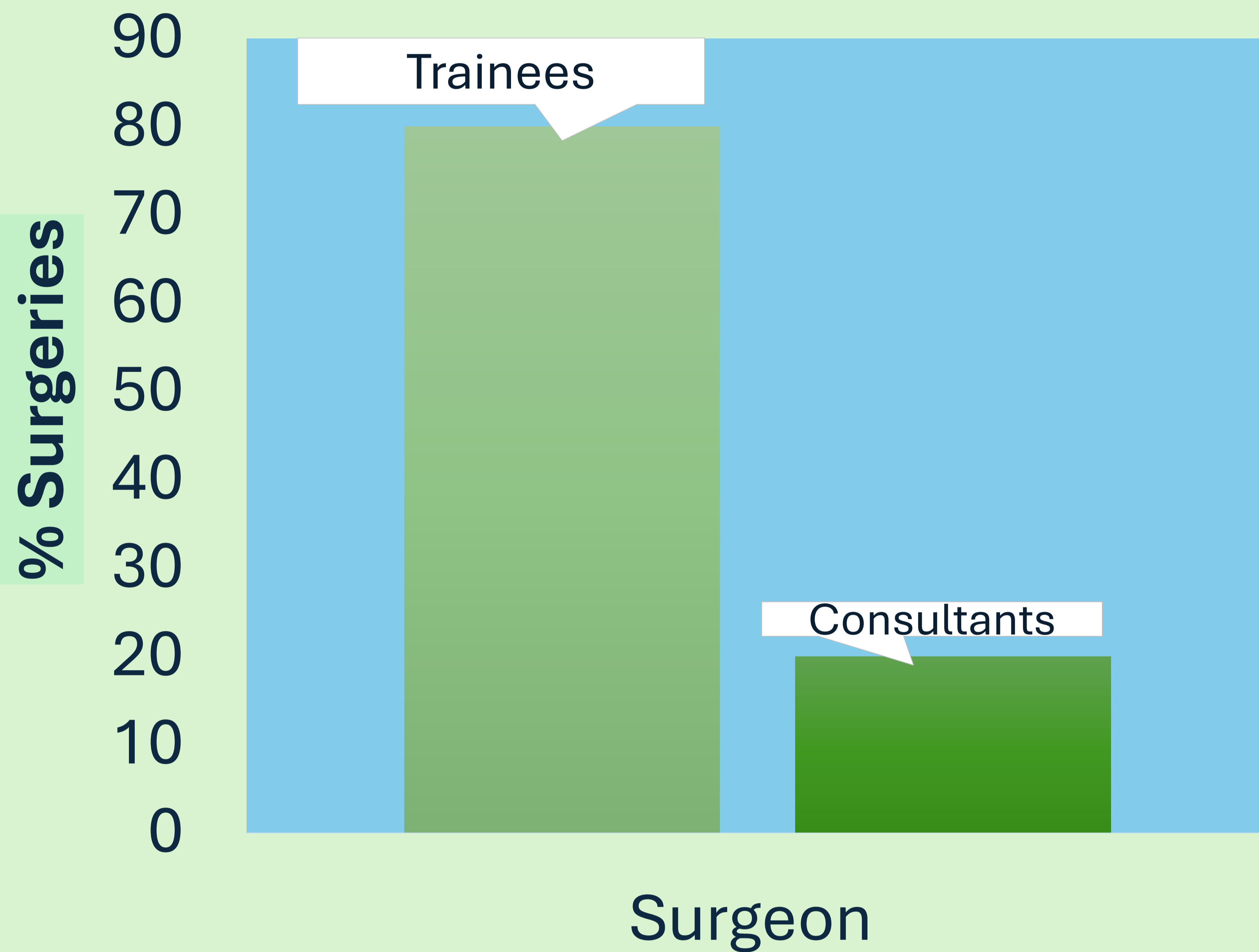
# Super Saturdays: Dual use of high intensity Theatre lists for service provision and surgical training

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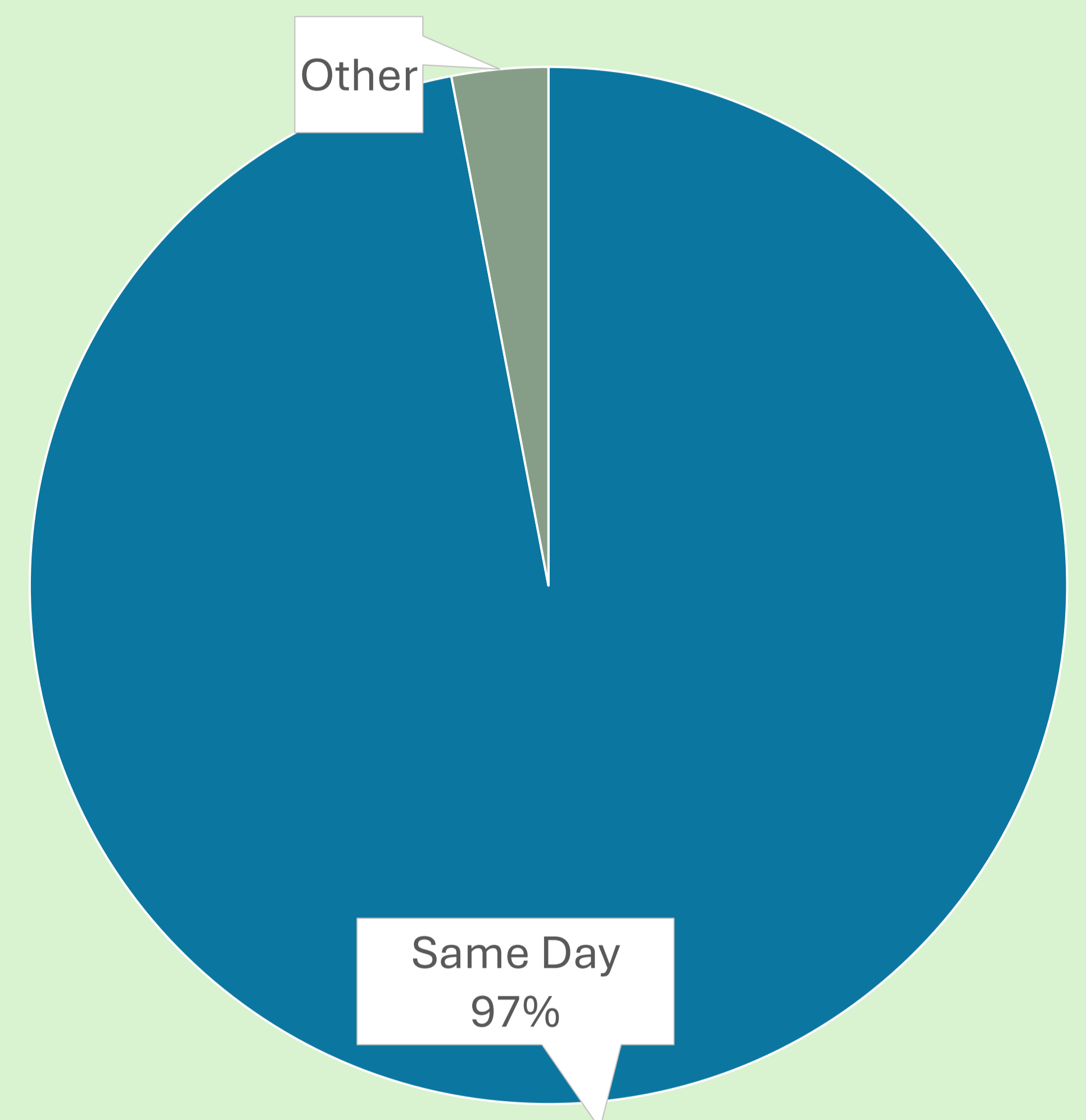
Kingston hospital, London, United Kingdom



## Surgeries performed by Trainees Vs Consultants



## Discharge Rates



### METHODS:

Outcomes from two Super Saturday events were analysed, including surgeries performed, surgeon grades, discharge rates, readmissions, complications, and junior doctor involvement.

### RESULTS:

- Surgeries Performed: 80% by Trainees, 20% by consultants.
- 97% same-day discharge, No re-admissions.
- Participant Survey: 100% Felt well-supervised and benefited from the initiative.
- Enhanced Junior doctor involvement.
- Positive feedback regarding patient care.

### CONCLUSION:

Super Saturday effectively addresses surgical waitlist backlogs and provides crucial training for junior doctors, reducing waitlists and enhancing professional development.

Demonstrated Model: Potential for broader implementation across NHS

Future Steps: Expand the initiative and measure long-term impact on training and patient care.

